

# Minimally Invasive Plantar Fasciotomy

Fast, Gentle Relief • Walk the Same Day

At a glance: Minimally invasive plantar fasciotomy is a percutaneous procedure for chronic plantar fasciitis that hasn't responded to 6–12 months of conservative treatment. A tiny incision allows partial release of the plantar fascia under fluoroscopic guidance and local anesthesia. Most

## 1 Minimally Invasive Plantar Fasciotomy

Chronic heel pain got you at your wits' end? If you've battled plantar fasciitis for ages and nothing has fully cured it, there is a definitive solution: a plantar fasciotomy, which surgically releases the

## 2 When Is Plantar Fasciotomy Considered?

Most cases improve with conservative care (rest, therapy, orthotics, injections). However, minimally invasive plantar fasciotomy becomes a reasonable option for the stubborn 5–10% with heel pain lasting

## 3 Minimally Invasive Plantar Fasciotomy...

Why partial (not full) release? It relieves tension while maintaining the structural integrity of your arch.

## 4 Trust Your Heels to an Expert

Dr. Patish treats plantar fasciitis from conservative through surgical care and recommends fasciotomy only when truly needed. We prioritize clarity, comfort, and modern minimally invasive technique—so a “minor

**Same or Next Day Appointments Monday–Friday**

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**YOUR FEET IN  
KIND HANDS**



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