

# Comfortable Custom Orthotics for Foot & Ankle Pain

Fast, Gentle Relief • Walk the Same Day



**YOUR FEET IN  
KIND HANDS**



## **Dr. Grigoriy Patish, DPM**

Triple Board-Certified  
20+ Years Experience

**(760) 728-4800**

Call or Text for Appointment

[fallbrookfootdoctor.com](http://fallbrookfootdoctor.com)

### **FALLBROOK OFFICE**

407 Potter St, Suite A,  
Fallbrook, CA 92028

### **TEMECULA OFFICE**

28975 Old Town Front St,  
Suite 200, Temecula, CA  
92590

### **HOURS**

MON-FRI 9 am – 5 pm

At a glance: Custom orthotics are prescription shoe inserts molded from a 3D scan or cast of your feet. Unlike store-bought insoles, they correct specific biomechanical imbalances — overpronation, high arches, or forefoot overload — and redistribute pressure to relieve heel pain,

## **1 Comfortable Custom Foot Orthotics for...**

Comfortable custom foot orthotics provide personalized support to relieve foot and ankle pain, improve alignment, and help prevent injury. For example, imagine slipping your feet into your shoes

## **2 What Are Comfortable Custom Foot Orth...**

Comfortable custom foot orthotics are medical-grade inserts designed specifically for your feet. Unlike over-the-counter insoles, they are prescribed by a podiatrist to correct biomechanics, reduce strain,

## **3 Why Our Comfortable Custom Foot Ortho...**

Our process begins with a thorough exam, gait analysis, and 3D digital casting. Comfortable custom foot orthotics are built to match your foot structure, delivering millimeter-level accuracy for

## **4 Tips for Getting the Most Out of Comf...**

We also craft dress-shoe or full or partial length variants and sport-specific profiles so your comfortable custom foot orthotics fit your lifestyle.

**Same or Next Day Appointments Monday–Friday**

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